

SEPTEMBER 2023



Daily literacy-building activities to share with your child.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 WRITING

Draw the letters of the alphabet with your child. Practice tracing the letters with fingers while making the sound of the letters.

2 PLAYING

Blow bubbles today. This strengthens muscles needed for speech.

3 TALKING

Discuss opposites. Show examples of big and small, night and day, light and dark.

4 SINGING

Clap your hands to the beat of a favorite song.



5 COUNTING

Lace Cheerios-type cereal onto a piece of yarn. Count them as you go.

6 READING

Read a book about insects that are active in late summer, like crickets or cicadas. Talk about how you can hear them at night.

7 WRITING

Write your to-do list together. Have your child check off each task as it is completed.



8 PLAYING

Play alphabet search today. Take turns picking a letter and searching for it.



9 TALKING

Ask your child "What is your favorite game to play?" Talk about why and play it if you can.

10 SINGING

Sing a favorite song in parts. You sing, then your child, then you, and so on.

11 COUNTING

Count aloud as your child puts pebbles in a container one at a time, up to ten.

12 READING

Have a family book club. Each person brings a book for a story time.



13 WRITING

Pop bubble wrap or play with squirt toys to develop muscles needed for writing.

14 PLAYING

Tape a sheet of contact paper to the wall, sticky side out. See which toys stick and which do not.

15 TALKING

Make silly sounds today. Encourage your child to also make silly sounds.

16 SINGING

Play talent show. Each person sings a song or plays an instrument. (Instruments can be any noise-making items around the house.)

17 COUNTING

Take a walk and count how many birds or squirrels you see.



18 READING

Pick a favorite book. Ask your child to tell you what happens before you start reading.

19 WRITING

Use your fingers to draw shapes in the air. Take turns guessing what each person drew.

20 PLAYING

Go on a scavenger hunt. Look for things that begin with the "p" sound, like a plate, a pan, a pen.

21 TALKING

Take turns telling each other simple stories.



22 SINGING

Sing or say "If You're Happy and You know It."

(Words are on the back. ➡)

23 COUNTING

Use blocks to measure how long something is. How many blocks long is your arm, your foot, etc.?

24 READING

Hang up a piece of paper with the words to "Are You Sleeping?" and sing it every morning and night.

(Words are on the back. ➡)

25 WRITING

Write your child's first name. Talk about the first letter of their name. Make the sound and say words that began with the letter.

26 PLAYING

Play "Hot and Cold."

(Instructions are on the back. ➡)



27 TALKING

Use family photos to tell different stories. Encourage your child to tell a story.

28 SINGING

Have a family sing-along. Each person gets to pick a favorite song.

29 COUNTING

Count the number of people in your family. How many kids? How many grownups? How many pets?

30 READING

Ask your child questions as you read to them today.

What do you think will happen next? Where did the little dog go?

Playing to Learn New Words

Play and have fun with words:

- Read a book with lots of made-up words like “How Do You Wokka-Wokka?” by Elizabeth Bluemle. Try making up more words to go with the story.
- Silly poems are fun and can teach new vocabulary.
- Kids love riddles and jokes, which often use a “play on words.” Laugh along as you talk about the answer to the riddle or joke.
- Having fun with words helps your child become more conscious of words and happy to keep learning.

IF YOU'RE HAPPY AND YOU KNOW IT

If you're happy and you know it clap your hands.

(clap, clap)

If you're happy and you know it clap your hands.

(clap, clap)

If you're happy and you know and you really want to show it, if you're happy and you know it clap your hands.

(clap, clap)

OTHER VERSES: STOMP YOUR FEET! TURN AROUND! SHOUT HOORAY! DO ALL FOUR!

ARE YOU SLEEPING?

Are you sleeping, are you sleeping?

Brother John, Brother John?

Morning bells are ringing, morning bells are ringing,

Ding ding dong, ding ding dong.



HOT AND COLD

1. Select a household item for hiding.
2. The finder closes their eyes while the hider hides the item somewhere in the room.
3. The finder searches for the item while the hider provide clues.
4. When the finder is close to the item, the hider responds “you're hot!”
5. When The finder is far from the item, the hider responds “you're cold!”
6. Take turns being the hider and the finder.

Books to Read this Month

Check out these books at the library. If they are not available, ask the librarian for a recommendation.

FOR READERS AGES 0-3

If You're Happy and You Know It

by Annie Kubler

Black Bird Yellow Sun

by Steve Light

FOR READERS AGES 3+

Pablo and His Chair

by Delphine Perret

The Day You Begin

by Jacqueline Woodson

